

The Missing Puzzle Piece



By Jane Denison

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Ever have a time when you find yourself reliving or being disturbed while remembering an unresolved circumstance, event, or a particular decision you were part of sometime in the past?

When you still have an unsettled feeling that a complete solution has never been reached and you have a strong uneasy sense that something is still missing because you don't have a feeling of a closure or peace? Or maybe you believe that someone has not really understood something you have said or done. This is not unlike working on a jigsaw puzzle and you find there is one piece missing that must be put into the puzzle, before you can see that the puzzle is finally finished.

This painting relates to such a baffling situation by showing there is a possible solution. A more complete picture of what was occurring at the time would have certainly helped. Your unsettled feeling comes from the obvious realization that something is missing.

It has now become very evident to you there should have been more done or said that would have helped you recognize or do to leave you with a better sense of certainty that your dilemma was finalized with nothing left out.... and so your search for the one indispensable missing piece begins.

The painting shows jigsaw puzzle pieces inside a deeply textured basket. They all have the same shape. The sizes and colors are different but their forms and purpose is the same. Every individual piece will fit perfectly into the empty space of an unfinished puzzle. Once the puzzle piece is in its place your peace and harmony will appear again.

This puzzle piece is always available and does not necessarily need to be the last piece put in place. While working with the development of an opportunity or a possible conundrum, you can always put this particular piece down first. Then you will never have any emptiness to consider. You build the puzzle picture around it.

This piece —which is always an essential part of any solution—is.... **LOVING KINDNESS.**

One very important note! Always have a place to give loving, caring, kind thoughts to yourself. This is not self-aggrandizement. It is just completing the jigsaw puzzle that is your own life.